

# *Natural Health Acupuncture and Nutritional Center*

151 S. El Molino Ave., Suite 200, Pasadena, CA 91101

(626) 441-9908 Fax (626) 441-9909

## **You are invited to attend A Free Lecture Concerning Weight Loss**

- Stop the yo-yo diets that do not yield permanent results and learn what constitutes a healthy diet.
- Why the inability to lose weight is not your fault
- Not being able to lose weight is a hormonal problem that can be fixed
- Holding on to excess weight as well as the inability to gain weight is a cellular issue and needs a solution at the cellular level—we will explain.
- New insights regarding auto-immune and cellular inflammation that contribute to weight gain, and how to reverse them.

This talk will be given by Douglas Potter, L.Ac and Irit Potter L.Ac in our clinic on **November 4<sup>th</sup>, 2013 at 7:00 P.M.**

The address is:

**151 South El Molino Ave., Suite 200  
Pasadena, California 91101**

Seating is limited. Please call or email to reserve a seat.

**Phone: 626 441-9908**